



We're happy that you are attending Camp Otterbein

Welcome! We are excited to have you at The West Ohio Conference's Camp Otterbein in Logan, Ohio. We strive to provide hospitality toward a spiritual, relational, and recreational experience.

To ensure your camp experience is a pleasant one, we want to make you aware of some important details to prepare you, your retreat leaders, and our staff for your arrival.

All retreat campers and leaders are asked to do a home Self Health Assessment for the 10 days prior to arrival at camp and will be turned in to the retreat leader at Check-In. Guests for the day are discouraged and should be planned ahead with the retreat leader. There is much more information posted about health, safety, cancellations, and refunds on our webpage, www.westohiocamps.org. We require masks are worn during Check-In, Check-Out, inside shared space buildings, always when camp staff are present or leading an activity, and when you are interacting with others not in your cohort. Please be mindful to keep social distance when possible. Special cohort groups and scenarios will be planned by your retreat leader and camp staff.

Health Checks: Upon arrival at camp, attendees will be checked in by the retreat leader and the same questions on the Self Health Assessment will be asked and temperature checked. Attendees must be clear of all COVID-19 symptoms at the time of arrival and the ten days prior. Each attendee will have their temperature checked and symptom screening at least once daily by the retreat leader. Any onset illness throughout the event should be brought to the attention of the retreat leader where next steps will be taken along with camp leadership staff.

Lodging: To help mitigate the spread of COVID-19, we are opting to keep cabin and building windows open for fresh air flow. Individuals are asked to sleep head to foot between beds and space out as much as possible. Our cabins and retreat lodges utilize bunk beds in twin mattress size. Please plan to bring your own bedding and towels. Retreat Lodges have restrooms in the building (shower, sink, toilet) in each wing. Cabins utilize the nearby shower houses. If you are staying in our Pine Center, the bedding and linens are provided, and 2 full restrooms are in the building. If you are staying in our Treehouses, these are rustic and remote to a purpose with no use of electric or running water. In the summer months, portable restrooms are utilized. Beds are aluminum frame cots, please plan to bring bedding.

Programming: If you are participating in a camp staff led program or activity, please provide your group leader with a signed **West Ohio Conference Release of Liability Form** either for yourself or signed by your parent/legal guardian. Please dress for the weather, most activities at camp can continue with mild weather (rain, heat, cold). We will work toward alternate options with the group leader should activities need to be postponed or cancelled for any reason.

Medical/Dietary Needs: Please be in contact with your retreat group leader about any special medical or dietary needs which would need to be passed along to our camp staff. If there are special dietary restrictions or food allergies, we will do our best to accommodate and work alongside you. Please provide this at least one week prior to your event.

Emergencies: Please be in touch with your group leader for emergency contact procedures. If the group leader cannot be reached, you may contact the Camp Otterbein office at 740-385-5712 or the West Ohio Conference camping office at 614-781-2630. We have an AED on site and 911 emergency services available in the nearby city of Logan.

Non-Emergencies: The Camp Director or designated staff are normally not available from 10pm to

7am. Please honor their down time and sleep.

Heat Treatment / Bed Bug Policy: In response to the increase of bed bug infestations nationwide, where Ohio is one of the most prevalent states, we at Camp Otterbein are choosing to take an active approach to ensure that these pests are not derailing the great experiences that happen while at camp, and that only positive memories are brought home. We are here to work with you through this prevention method. Prior to your arrival, cabins are cleaned and inspected and include preventative measures taken by a licensed professional. As heat has been shown to be the most effective method of treatment, we have adopted a process of heat-treating luggage and belongings in our heat treatment shed before participants may move into their lodging. Luggage will be treated to a high temperature for several hours, after which luggage can be moved into cabins before bedtime. Further information can be found in our Packing List at the end of this document. If you are arriving after your scheduled group time, you will be asked to place your items in our dryers before moving into cabin.

Start a good practice for you and your family when travelling to any destination. Upon returning home, unpack directly into laundry machines. A cycle in a household dryer at high temperatures kills the bed bugs and their eggs. If you would like further information, feel free to view the EPA's website at epa.gov/bedbugs

Packing List

Use this list to help you prepare for your stay at Camp Otterbein. Please read thoroughly as there are **significant changes** to properly care for your items during the heat treatment. Following the list helps make sure you have the best camp experience possible. There may be other items that you find necessary to bring. In order to make this process go as smoothly as possible, we ask that you pack in a fabric or mesh laundry bag. This ensures items are packed loose enough to be efficiently heated. Toiletries, medications, and personal items will not be heated and must be packed separately in a plastic bag. Hard sided luggage may be damaged in the heating process. You may bring a plastic tote to place items in after heat-treatment and for use in cabin. Thank you in advance for helping make this process go as smoothly and efficiently as possible.

To Be Heat Treated:	Not to be Heat Treated:	Do Not Bring
<p>Fabric or Mesh Laundry Bag</p> <ul style="list-style-type: none"> <input type="checkbox"/> Clothes, underwear, and socks for each day plus one extra <input type="checkbox"/> Washable cloth face masks + extras (no disposables) <input type="checkbox"/> Pajamas <input type="checkbox"/> Pillow <input type="checkbox"/> Sleeping bag or twin sheets and blanket <input type="checkbox"/> Bath towel and washcloth <input type="checkbox"/> Weather dependent: <ul style="list-style-type: none"> • Swimsuit (modest), towel • Hat • Winter coat, hat, gloves • Light jacket/rain jacket <p>Optional/Recommended:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Small backpack to carry personal items around camp <input type="checkbox"/> Trash bag or second laundry bag for dirty clothes <input type="checkbox"/> Book or notebook <input type="checkbox"/> Stationary with pre-addressed and stamped envelopes <input type="checkbox"/> Bible, Pencil 	<p>Ziploc or Plastic Shopping Bag</p> <ul style="list-style-type: none"> <input type="checkbox"/> Toiletries: soap, shampoo, toothbrush, toothpaste, deodorant <input type="checkbox"/> Sunscreen and insect repellent <input type="checkbox"/> Prescription or OTC medication in original container (separate bag) <p>Optional/Recommended:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Rain poncho <input type="checkbox"/> Camera (non-expensive) <input type="checkbox"/> Flashlight and batteries <input type="checkbox"/> Empty plastic tote for in cabin <input type="checkbox"/> Extra pair of closed-toe shoes (sneaker, sport sandal or hiking shoe) <input type="checkbox"/> Shower shoes/Crocs 	<ul style="list-style-type: none"> <input type="checkbox"/> Hard sided luggage <input type="checkbox"/> Any clothing item that cannot be put through a dryer cycle on high heat <input type="checkbox"/> Candy, gum, or food (up to group leader, allowed in Lodge meeting rooms, not bed areas) <input type="checkbox"/> Immodest clothing <input type="checkbox"/> Cell phones, iPods, game devices (up to group leader) <input type="checkbox"/> Fireworks <input type="checkbox"/> Money and valuables <input type="checkbox"/> Alcohol, cigarettes, vapes, illegal drugs <input type="checkbox"/> Weapons of any kind <input type="checkbox"/> Lighters <input type="checkbox"/> Any other items that will detract from the purpose of the camp <p>Camp Otterbein is not responsible for damaged items during the heat treatment process</p>

Camp Address

Camp Otterbein
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 Office Phone: 740-385-5712

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